

Resuscitation Flow Chart (no AED)

Danger



Response



Shout 4 Help



Airway

Normal Breathing

yes

1. Conduct Secondary Assessment
2. Place in Recovery Position
3. Call Emergency Services
4. Monitor Casualty



no

**Start CPR
30 to 2**



1. If your on your own, call 999/112 for emergency services then start CPR

2. Conduct CPR – 30 Chest compressions and then 2 rescue breaths. Continue this rate of 30-2 .

3. If you have help, start CPR immediately whilst your helper calls 999/112 .

4. If your helper can assist with CPR, change over every 1-2 mins to prevent fatigue

6. If you are unable to conduct rescue breaths, continue with chest compressions only

5. Continue CPR until emergency services arrive, your casualty starts breathing normally or you can no longer continue

