

# RECAP PAPER 1

Name ..... Score .....

**1. What is the one of the First Aider's responsibilities in the workplace?**

- a) To keep First Aid boxes fully stocked and ready for use
- b) To train the staff in First Aid
- c) To call a local GP in an emergency
- d) To ensure that a Health & Safety policy is in place

**2. At what point would you send a bystander to call for an ambulance, if a casualty was not breathing normally?**

- a) After checking for breathing
- b) After checking for response
- c) After the top-to-toe survey
- d) As soon as they have been placed in the recovery position

**3. On whom would you perform a top-to-toe survey?**

- a) Only on a conscious casualty
- b) Only on an unconscious casualty
- c) Only on a non-breathing casualty
- d) On all casualties when you suspect injury

**4. When would you place a casualty in the recovery position?**

- a) When the casualty is not breathing normally
- b) When the casualty is responsive and alert
- c) When the casualty is breathing normally but unconscious
- d) When the Paramedics arrive

**5. How long should you check for normal breathing before deciding it is absent?**

- a) 5 seconds
- b) up to 10 seconds
- c) 15 seconds
- d) 20 seconds

- 6. Which should you deal with first when dealing with multiple casualties?**
- a) Severe bleeding
  - b) Broken thighbone
  - c) Obstructed airway
  - d) Severe burns
- 7. In what position should you place a conscious choking casualty to perform abdominal thrusts?**
- a) Lying flat on their back
  - b) Recovery position
  - c) Standing facing you
  - d) Standing facing away from you
- 8. Which regulations govern the contents of first aid boxes in the work place?**
- a) The Control of Substances Hazardous to Health Regulations 1988
  - b) The Dangerous Substances Regulations 1981
  - c) The Health and Safety (First Aid) Regulations 1981
  - d) The Health and Safety (Enforcing Authority) Regulations 1989
- 9. What is the correct sequence of checks to be made in the Primary assessment of an unconscious casualty if you are on your own?**
- a) Danger, response, open airway, check for normal breathing, go and get help
  - b) Danger, response, check for normal breathing, shout help, signs of circulation
  - c) Danger, response, shout help, check for normal breathing
  - d) Danger, response, shout help, open airway, check for normal breathing, circulation
- 10. In an asthma attack, the sufferer should take medication.....?**
- a) Only from their own inhaler
  - b) When you think it fit
  - c) From any inhaler given to them
  - d) Only when told by a paramedic