

ONE DAY H.S.E EMERGENCY FIRST AID AT WORK

Description:

This one day First Aid training course has full Health & Safety Executive approval and will certify successful delegates for a 3 year period. Delegates will be given the guidance and direction to conduct Basic Life Support in a safe, prompt and effective manner. Emergency First Aiders can be in addition to First Aiders or employed in a low risk environment.

Course Duration:

A minimum of 6 hours of theoretical and practical activities.

Syllabus:

A range of subjects is covered including:

*** Responsibilities & Reporting * Resuscitation (CPR)
* Assessment of Emergency Situations * Bleeding
* Fractures * Unconsciousness * Choking * Shock
* Respiratory & Circulatory conditions * Seizures
Plus many more.....
we will also tailor the training to your specific work
Risks and environment.**



Certification:

Assessment is ongoing by the instructor, and a 3 year qualification will be issued to those who meet the criteria.

Numbers:

A maximum of 12 delegates are allowed to attend and must be a Minimum of 16 years of age. Larger groups can be catered for with Additional instructors.

Location:

We can deliver this training at your place of work, reducing disruption and cost in regards to time out and travelling

“ Helping you to help others ”

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